Psalms 31

7. I will rejoice and be glad in Thy lovingkindness, Because Thou has seen my affliction;

Thou hast known the troubles of my soul,

8. And Thou hast not given me over into

the hand of the enemy;

Thou hast set my feet in a large place.

9. Be gracious to me, O Lord,

for I am in distress;

My eye is wasted away from grief,

my soul and my body also.

10. For my life is spent with sorrow,

And my years with sighing;

My strength has failed because of my iniquity,

And my body has wasted away.

11. Because of all my adversaries,

I have become a reproach,

Especially to my neighbours,

And an object of dread to my acquaintances;

Those who see me in the street flee from me.

12. I am forgotten as a dead man,

out of mind,

I am like a broken vessel.

13. For I have heard the slander of many,

Terror is on every side;

While they took counsel together against me,

They schemed to take away my life.

14. But as for me, I trust in Thee, O Lord,

I say, "Thou art my God."

15. My times are in Thy hand;

Deliver me from the hand of my enemies,

and from those who persecute me.

16. Make Thy face to shine upon Thy servant;

Save me in Thy lovingkindness.

17. Let me not be put to shame, O Lord,

for I call upon Thee

Let the wicked be put to shame,

let them be silent in Sheol.

18. Let the lying lips be dumb,

Which speak arrogantly against the righteous

with pride and contempt.

Sheol – A place cut off from the living and from God, and being sent to a place of no return.